

How to Pray Offensive Prayers

Tim Howey – 2/17/2025

Here are six [Psalms](#) and two [Dr. Victor Matthews](#) prayers that I pray periodically for myself, my family members by name, and for our church:

- [Spiritual Warfare Prayer](#)
- [Daily Affirmation of Faith Prayer](#)
- [Psalm 64](#)
- [Psalm 35](#)
- [Psalm 83](#)
- [Psalm 18](#)
- [Psalm 58](#)
- [Psalm 144](#)

I was prompted in 2018 to add “offensive prayers” into my prayer life after reading books like Karl Payne’s, [Spiritual Warfare](#). I add the word “if” to my prayers (i.e., “if” there is an invisible, spiritual component of opposition, Lord...).

For example, when I pray something like [Psalm 35:1](#), instead of praying just for me, as written...

“Plead my cause, O LORD, with those who strive with me; Fight against those who fight against me.”

...I might pray something like...

“Plead my cause, O LORD, [if there are demons] who strive with me [Cathy, Jacob, Karina, Mallon, and Grace Church; if that’s the case] fight against those [demons] who fight against me [Cathy, Jacob, Karina, Mallon, and Grace Church].”

For another example, when I pray something like [Psalm 144:6](#), instead of praying just for me, as written...

“Flash forth lightning and scatter them; Shoot out Your arrows and destroy them.”

...I might pray something like...

“[Dear God, if there is demonic opposition around me or _____] Flash forth [Your] lightning [whatever that means] and scatter them [scatter any demonic opposition around me or _____]; Shoot out Your arrows [whatever that means] and destroy them [destroy any demonic opposition around me or _____].”

Also, in the [Warfare Prayer](#), instead of praying it just for me, as written...

"I cover myself with the blood of the Lord Jesus Christ as my protection. I surrender myself completely and unreservedly in every area of my life to You. I take a stand against all the workings of Satan that would hinder me in my prayer life."

...I might also add my family members, church, and others as the Spirit lead me...

"I cover myself [my wife Cathy, Jacob & Lauren, Karina, Mallon, and all of Grace Church] with the blood of the Lord Jesus Christ as [our] protection. I surrender myself completely and unreservedly in every area of my life to You. I surrender [Cathy, Jacob & Lauren, Karina, Mallon, & all of Grace Church] completely and unreservedly in every area to You. I take a stand against all the workings of Satan that would hinder me in my prayer life [Cathy in her prayer life, Jacob & Lauren in their prayer lives, Karina in her prayer life, Mallon in her prayer life, and all of Grace Church in their prayer lives]."

It's powerful. And it's what [Ephesians 6:10-20](#) talks about doing ("and the sword of the Spirit, which is the word of God; praying...").