



**Christ is our Head (Ephesians & Colossians) - We are a body**  
**January 7, 2023**

### **[OWNit365 Whole Bible Plan](#)**

And He put all things under His feet, and gave Him to be head over all things to the church - Ephesians 1:22 NKJV

which is His body, the fullness of Him who fills all in all. - Ephesians 1:23 NKJV

**Are you as committed to Jesus as you are to your head?**

so we, being many, are one body in Christ, and individually members of one another. Romans 12:5 NKJV

**Experiencing Jesus' way of living – community & connection with the church**

**Christ is our Head**

## **Jesus has the highest spot**

For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him. - Colossians 1:16 NKJV

And He is before all things, and in Him all things consist. - Colossians 1:17 NKJV

And He is the head of the body, the church, who is the beginning, the firstborn from the dead, that in all things He may have the preeminence. - Colossians 1:18 NKJV

## **Jesus is in charge**

And He put all things under His feet, and gave Him to be head over all things to the church - Ephesians 1:22 NKJV

## **Jesus connects us**

and not holding fast to the Head, from whom all the body, nourished and knit together by joints and ligaments, grows with the increase that is from God. Colossians 2:19 NKJV

## **Jesus helps us grow**

that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, - Ephesians 4:14 NKJV

but, speaking the truth in love, may grow up in all things into Him who is the head—Christ— Ephesians 4:15 NKJV

## **Jesus fulfills His mission through us**

And He put all things under His feet, and gave Him to be head over all things to the church - Ephesians 1:22 NKJV

which is His body, the fullness of Him who fills all in all - Ephesians 1:23 NKJV

## **This week's [OWNit365 Whole Bible Plan:](#)**

January 8 - Gen 19-20 & Job 12-13

January 9 - Gen 21-23 & Job 14-15

January 10 - Gen 24 & Job 16-17

January 11 - Gen 25-26 & Job 18-19

January 12, - Gen 27-28 & Job 20

January 13 - Gen 29-30 & Job 21

January 14 - Reflection & Prayer

January 7

[VISITGRACECHURCH.COM/KIDS](http://VISITGRACECHURCH.COM/KIDS)

NURSERY

## JESUS IS GOD'S GIFT

THE FIRST CHRISTMAS



This month, we are learning about Jesus helping the sick man. We learn that Jesus helps sick people, and we can help sick people too!

**Memory Verse:** "Jesus Helps Us All." Matthew 11:28 (Adapted for Toddlers)

**Heart of the Lesson:** Jesus Helps Sick People

**Parent Connect:** This week, we learned how Jesus helped the sick man. Find a storybook bible or a regular bible and read the following stories together. Mark 2:1-12, Luke 5:17-26, and Matthew 9:1-8. Ask your toddler what happened in the stories? Who did Jesus help?

GKJR

## CHRISTMAS

THE FIRST CHRISTMAS



In this series, we will go through the life of Jesus following His birth. We will learn about the Wiseman visiting Jesus, His departure from Egypt, His return to Nazareth and His teaching at the Temple as a kid. We will also learn about Jesus' baptism and how He was tempted, how Jesus called His disciples and His first miracle!

**Memory Verse:** "And the one who sent me is with me – he has not deserted me. For I always do what pleases Him." - John 8:29

**Heart of the Lesson:** Jesus Was a Kid Too | Luke 2:39-52

**Parent Connect:** Today we learned how Jesus was a kid, too! Jesus began His ministry when He preached at the temple as a kid. Take time with your kids and look at photos of when family members were younger. Go through albums, school pictures, and more!

ELEMENTARY

## ONE TEAM

WE'RE ALL PLAYING FOR THE SAME TEAM



We are kicking off the year with a series called "One Team". The church is a lot like a team. Our team needs to work together even when it's hard, to build each other up and correct when we aren't following God or pulling our weight. There are many different people that have unique skills and special gifts that help the team reach the ultimate goal of serving God, our coach.

**Memory Verse:** "All of you together are Christ's body, and each of you is a part of it." - I Corinthians 12:27

**Heart of the Lesson:** We have a coach to follow

**Parent Connect:** Play a game of Simon Says using “coach” instead of “Simon”. Give each person a chance to be “coach”. Then talk about how God is the coach that we follow and that we need to know his voice .

G56

## WE ARE THE CHURCH



In this series, we're going to talk about how the church is a unified team led by Jesus. Just like how our bodies have different parts that work together, each person in the church has special talents and jobs. Together, we'll find out how we can be a strong and connected team, all working together because we belong together and we belong to Jesus!

**Memory Verse:** “Just as our bodies have many parts and each part has a special function, so it is with Christ’s body. We are many parts of one body, and we all belong to each other.” Romans 12:4-5

**Heart of the Lesson:** Jesus is the head of the church – Ephesians 1:22-23, 4:15 Colossians 2:19

**Parent Connect:** Discuss how your family functions better when you are unified as one team. How is the church like a team?

SPECIAL NEEDS ADULTS

## WE ARE A BODY

What does it look like to be a healthy Church?



Did you know that God describes the church like Jesus’ body? Just like your body helps you do what you want to do, the church does what Jesus calls us to do! And just like we need to know how to take care of our body to stay healthy, we need to know how to take care of the church to stay healthy!

**Memory Verse:** So also we are many persons. But in Christ we are one body. And each part of the body belongs to all the other parts.” Romans 12:15 (NIRV)

**Heart of the Lesson:** Jesus is the head of the Church! (Ephesians 1:21-23, 4:14-15, & 5:21-24; Colossians 1:16-18 & 2:18-19)

**Parents/Caregivers:**

- Who is the head of the church?
- What does it mean that Jesus is our head?
- What does Jesus do for the church as its head?
- How can you use your talents to share the good news this week?